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Affordable Tours in Portugal

by Lils H. Lee, Demand Media
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Beaches in Portugal

As one of the oldest nations, Portugal is situated at the southwest region of Europe. The traditionally Catholic country also includes two archipelagos, Madeira and Azores in the Atlantic Ocean. Portugal's rich history is primarily due to its long sea coast, which opened doors for settlers from Greece to Italy to assimilate. The country boasts pleasant, tourist-friendly temperatures all year, with winter temperatures rarely dropping below 50 degrees Fahrenheit and an average summer temperature in the 80s F.



view on lisbon portugal image by Dev from Fotolia.com

Cycling Tour

Bikeiberia is one of the oldest bike-tour companies offering both cycling and mountain biking tours. Tours are either self-guided or with a small group at reasonable rates. Guided tours last from one to 15 days, with the option of a 4x4 back-up vehicle. Portuguese or Spanish-born guides are first-aid certified and knowledgeable about the landscapes and culture. All guides are also fluent in English. The tour company recommends booking a tour during the spring months of February to June or the autumn months of September to November, when the weather is slightly cooler and the landscape varies from the spring flowers to the harvest season. Bikeiberia Lg. Corpo Santo, 5 Baixa 1200-129 Lisbon Portugal +351-21 347 0 347 bikeiberia.com

Surfing Tour

Surf Experience, based in Lagos, is a surf camp which also provides economical surf tours. The tours include local guides knowledgeable in the swell conditions and the surf spots along the coasts. The tour begins with breakfast, followed by 4WD transportation to the two surf spots. Wetsuits and boards are available for rental; surfers have the option of having their experience videotaped. Rates range depending on the length of the tour from one day to a full week. Additionally, Surf Experience offers affordable accommodation and yoga classes. Surf Experience Rua Armacoes Pesca Lt20 Lagos, Portugal +351 282 760964 thesurfexperience.eu

Wine Tasting Tour

Gotours offers an affordable half-day wine tasting tour. Rates vary depending on a variety of options, such as the type of vehicle which ranges from a Volvo S80 and Range Rover for small groups and a Mercedes Van for larger groups. Guests are picked up at their hotels with a knowledgeable driver fluent in English. The tour includes sightseeing two notable bridges, The Bridge 25th of April and the longest bridge in Europe, Vasco de Gama. The wine and cheese tasting is held at the Cellars of Jose Maria da Fonseca. Discounts are available for solo travelers and all online bookings. Gotours Centro Empresarial da Abrunheira, Escritório 13 2710-089 Sintra Portugal +351 - 917 569 698 foryougotours.pt

References & Resources

- "The Rough Guide to Portugal"; John Fisher; 2010
- "Lonely Planet: Portugal"; Kate Armstrong; 2009
- [Portugal Official Tourism](#)
- [Virtual Portugal: Guided Tours](#)
- "Frommer's Portugal"; Darwin Porter; 2010

About the Author

Since returning from a two-year backpacking trip from 2007-2009, Lils H. Lee, has contributed various travel articles to "Off Track Planet" and Matador. She holds a Bachelor of Fine Arts in screenwriting from the School of Visual Arts and was a recipient of The Media Workshop from UCLA.

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